



EXPRESSION OF INTEREST FOR CONTRACT FITNESS INSTRUCTORS

Are you a fitness leader looking to engage and empower others to be happy and healthy? We are looking for self-motivated, enthusiastic, and energetic fitness instructors to join our team! Employees will work at the Hope & Area Recreation Centre, a thriving community hub!

First Name: _____ Last Name: _____
 Phone Number: _____ Email: _____
 Address: _____

Which of the following registrations and/or certifications for you currently hold? Check all that apply

BCRPA:

- Aquatic Fitness
- Group Fitness
- Older Adult Fitness
- Osteofit
- Personal Training
- Pilates
- Yoga Fitness

Or Equivalent (please specify):

- _____
- _____
- _____
- _____
- _____
- _____

Please list any other relevant fitness certifications or training you hold:



How many hours have you worked in the fitness industry?

- <49 50 – 199 200 – 499 500+

Which classes are you interested in teaching (check all that apply)?

- | | | |
|---|--|---|
| <input type="checkbox"/> Fitness Express | <input type="checkbox"/> Aquafit | <input type="checkbox"/> Core & More |
| <input type="checkbox"/> Yoga Flow | <input type="checkbox"/> Yoga Lite | <input type="checkbox"/> Spin Class |
| <input type="checkbox"/> Get Up & Go | <input type="checkbox"/> Forever Fit | <input type="checkbox"/> Strength Circuit |
| <input type="checkbox"/> Other (Specify)
_____ | <input type="checkbox"/> Other (Specify) _____ | <input type="checkbox"/> Other (Specify)
_____ |

Please list any fitness training/ certification areas you are interested in pursuing within the next year:

How many classes would you ideally like to work in a week?

What is your anticipated availability for Fall - Winter (November – March)

Please submit this Expression of Interest form along with your resume to mfreimark@fvrd.ca or drop it off at the Hope & Area Recreation Centre.

We thank all candidates for their interest; however, only those selected for an interview will be contacted.